



West Towne Veterinary Center

Weight of Pet

10 pounds
30 pounds
60 pounds
Average Cat

Daily Calories Needed for Maintaining Wt.

190-210
450-490
900-1000
160-180

Prescription Foods vs. Over the Counter

Royal Canin© Satiety Support (Rx)
Hills Science Diet© R/D (Rx)
Purina© OM(Rx)
NutriSource© Wt. Management (OTC)
Fromm© Weight Loss Gold (OTC)
Wellness© CORE Wt. Management (OTC)
Canidae© Chicken & Rice (OTC)
Nature's Logic© Chicken (OTC)

Calories/Cup

245
245
266
353
341
318
449
418

Treats

Medium Rawhide Chew
CET Hextra© Rawhide
Medium Milkbone©
Purina© Lite Snackers
1/4 cup green beans
Freeze Dried Liver Treats
Small slice of GS apple
Baby Carrot

Calories

57
29-86
30
15
9
6
3
3

Not Recommended...

Beef Hotdog
American Cheese – 1 Slice

Calories

180
70

Cats Food

Royal Canin© Calorie Control (Rx)
Hills Prescriptions Diet© R/D (Rx)
Purina© OM (Rx)
Fromm© Mature Gold (OTC)
Wellness© Healthy Weight (OTC)
Nature's Variety© Ult. Protein (OTC)
Evo© Chicken Turkey (OTC)

Calories/Cup

244
265
321
422
450
450
538

Treats

Average Mouse
Feline Greenies©
Pounce© Treats
CET Hextra Chews

Calories

35
1-2
3
2-3

Activity (30 minutes)

Swimming
Walking
Sleeping

Calories burned*

100
58
13